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{SIZE UP THE SITUATION}

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Improperly sized gear is a prime cause of heartache and sadness. Remember when you showed up at school wearing high-water pants? Of course that's nothing compared to the crack-tacular combination of too-short shirt and too-loose pants. Don't let these calamities occur. Your gear will be more effective and comfortable if you choose appropriate sizes.

WE STAND BEHIND EVERYTHING WE MAKE AND GUARANTEE OUR PRODUCTS TO BE FREE OF DEFECTS IN MATERIALS AND WORKMANSHIP TO THE ORIGINAL PURCHASER FOR THE LIFETIME OF THE PRODUCT.

(DON'T LAWYERS JUST BRING YOU DOWN? DAMAGE, ABUSE, AND/OR NORMAL WEAR ARE NOT COVERED.)

GLOVES & SUPPORTS



**ProFlex®
Gloves**

Measure around the palm. DO NOT include the thumb area. Use the size chart across the bottom of this page to double check your size choice.



**ProFlex®
Wrist Supports**

Measure around the smallest part of the wrist.



**ProFlex®
Wrist Wraps**

Measure around the smallest part of the wrist.



**ProFlex®
Elbow Supports**

In a relaxed position, measure around the widest area of the forearm just below the elbow. For best fit, an elbow support should sit about 2-3 finger widths below the elbow crease.

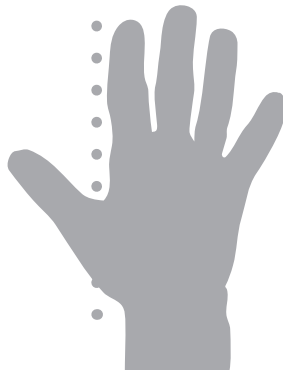


**Ergodyne®
Knee Sleeves**

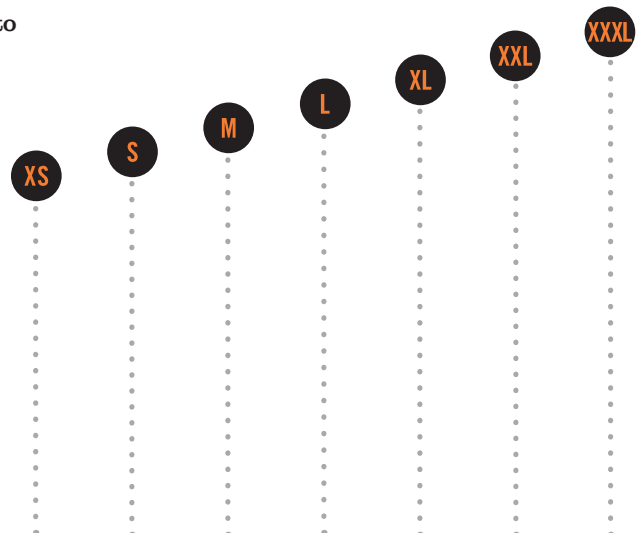
Measure around the center of the knee with the knee extended.

SIZE:	FITS HANDS:	FITS WRISTS:	FITS WRISTS:	FITS ELBOWS:	FITS KNEES:
X-Small	Sz. 6: up to 7" (18 cm)	-----	-----	up to 9" (23 cm)	12-13" (31-33 cm)
Small	Sz. 7: 7-8" (18-20 cm)	up to 6" (15 cm)	-----	9-10" (23-25 cm)	13-14" (33-36 cm)
Medium	Sz. 8: 8-9" (20-23 cm)	6-7" (15-18 cm)	-----	10-11" (25-28 cm)	14-15" (36-38 cm)
Large	Sz. 9: 9-10" (23-25 cm)	7-8" (18-20 cm)	-----	11-12" (28-30 cm)	15-16" (38-41 cm)
X-Large	Sz. 10: 10-11" (25-28 cm)	8" and over (20 cm)	-----	12-13" (30-33 cm)	16-18" (41-46 cm)
2XLarge	Sz. 11: 11-12" (28-30 cm)	-----	-----	13-16" (33-36 cm)	18-20" (46-51 cm)
3XLarge	Sz. 12: 12-13" (30-32 cm)	-----	-----	-----	-----
4XLarge	-----	-----	-----	-----	-----
S/M	-----	-----	5-7" (15-19 cm)	-----	-----
L/XL	-----	-----	7-9" (19-23 cm)	-----	-----

Use this "handy" diagram to determine which ProFlex® glove fits your hands.



Align with the dotted line at left for optimum grip and finger control, glove should fit snug.



HI-VIS APPAREL



**GloWear®
Hi-Vis Shirts**

T-Shirt, Polo Shirt, and Sweatshirt are individually sized S, M, L, XL, 2XL, 3XL, 4XL, 5XL and follow standard sizing.



**GloWear®
Hi-Vis Vests**

Vests & Vests w/Sleeves are sold in combined sizes: S/M, L/XL, 2XL/3XL, and 4XL/5XL. *Note: 8240HL is available in M/L and XL/2XL only.



**GloWear® Pants
8910/8911**

Use standard waist size measurement.



**GloWear® Pants
8915/8925**

Use standard waist size measurement.



**GloWear®
Jackets**

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.

SIZE:	FITS CHEST SIZE:	FITS CHEST SIZE:	FITS WAIST SIZE:	FITS WAIST SIZE:	FITS CHEST SIZE:
Small	34-36" (86-91 cm)	-----	-----	Up to 30" (76 cm)	34-36" (86-91 cm)
Medium	36-38" (91-97 cm)	-----	-----	30-34" (76-86 cm)	36-38" (91-97 cm)
Large	38-42" (97-107 cm)	-----	-----	34-38" (86-97 cm)	38-42" (97-107 cm)
X-Large	42-46" (107-117 cm)	-----	-----	38-42" (97-107 cm)	42-46" (107-117 cm)
2XLarge	46-50" (117-127 cm)	-----	-----	42-46" (107-117 cm)	46-50" (117-127 cm)
3XLarge	50-54" (127-137 cm)	-----	-----	46-48" (117-123 cm)	50-54" (127-137 cm)
4XLarge	54-58" (137-147 cm)	-----	-----	48-50" (123-127 cm)	54-58" (137-147 cm)
5XLarge	58-62" (147-157 cm)	-----	-----	50-54" (127-137 cm)	58-62" (147-157 cm)
S/M	-----	36-44" (91-112 cm)	Up to 40" (102 cm)	-----	-----
M/L (8240HL only)	-----	40-48" (102-123 cm)*	-----	-----	-----
L/XL	-----	44-52" (112-132 cm)	40-46" (102-117 cm)	-----	-----
XL/2XL (8240HL only)	-----	48-56" (123-142 cm)*	-----	-----	-----
2XL/3XL	-----	52-58" (132-147 cm)	46-52" (117-132 cm)	-----	-----
4XL/5XL	-----	58-64" (147-163 cm)	52-58" (132-147 cm)	-----	-----

VESTS & TOOL BELTS



**Chill-Its®
Cooling Vest 6665**

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.



**Arsenal®
Synthetic Rigs**

Choose your synthetic belt size based on your pant waist size.





**Arsenal®
MOLLE Vest**

Bring tape measure around the widest part of your chest, under your arms, completely around your torso.

SIZE:	FITS CHEST SIZE:	FITS WAIST SIZE:	FITS CHEST SIZE:
X-Small	-----	-----	Universal Sizing
Small	-----	-----	Universal Sizing
Medium	36-38" (91-97 cm)	-----	Universal Sizing
Large	38-42" (97-107 cm)	29-38" (74-97cm)	Universal Sizing
X-Large	42-46" (107-117 cm)	36-44" (91-112cm)	Universal Sizing
2XLarge	46-50" (117-127 cm)	42-49" (107-125cm)	Universal Sizing
3XLarge	50-54" (127-137 cm)	-----	Universal Sizing
4XLarge	-----	-----	Universal Sizing

Traction Devices & Insoles

Trex™ Ice Traction		Trex™ Insoles	
Use shoe or boot size to determine the appropriate size. Trex™ Ice Traction should fit snugly.		Use shoe or boot size to determine the appropriate Trex™ Insoles size. Insoles are trimmable in half-size increments.	

SIZE:	6310			6300			US MENS:	US WOMENS:	UK:	EU:	MONDO:*
	FITS SHOE SIZE:			FITS SHOE SIZE:							
Small	USM	UK	EU	USM	UK	EU	3.0-4.5	4.5-6.0	2.0-3.5	34.0-36.0	22.5-23.5
Medium	5-8	4.5-7.5	37-41	5-8	4.5-7.5	37-41	5.0-6.5	6.5-8.0	4.0-5.5	37.0-38.5	24.0-24.5
Large	8-11	7.5-10.5	41-44.5	8-11	7.5-10.5	41-44.5	7.0-8.5	8.5-10.0	6.0-7.5	39.0-42.0	25.0-26.0
X-Large	11-13	10.5-12.5	44.5-47.5	11-14	10.5-13.5	44.5-48.5	9.0-10.5	10.5-12.0	8.0-9.5	43.0-44.0	26.5-27.5
2XLarge	-----			-----			11.0-12.5	12.5-14.0	10.0-11.5	44.5-46.5	28.0-29.0
3XLarge	-----			-----			13.0-15.5	14.5-16.5	12.0-14.5	49.0-49.0	29.0-31.0

* Mondo sizing is simply the centimeter length of the foot. To find your size, measure the length of your current insole from heel to furthest toe point.

Back Supports & Non FR Work Wear

				
ProFlex® Back Supports	CORE Performance Work Wear® Bottoms	CORE Performance Work Wear® Shirts	CORE Performance Work Wear® Outerwear	CORE Performance Work Wear® Bibs
Measure around the waist. A support should fit snugly, but not so tightly that it cannot be cinched firmly when ready to lift.	Use standard waist size measurement.	If you are not comfortable with snug fitting compression garments you may want to upsize on the base layer ripped fit models.	Bring tape measure around the widest part of your chest, under your arms, completely around your torso.	Use standard waist size measurement.

SIZE:	FITS WAISTS:	FITS WAISTS:	FITS CHEST SIZE:	FITS CHEST SIZE:	FITS WAISTS:
X-Small	Up to 25" (64 cm)	-----	-----	-----	-----
Small	25-30" (64-76cm)	-----	-----	34-36" (86-91 cm)	-----
Medium	30-34" (76-86cm)	31-34" (79-86cm)	38-41" (97-104cm)	36-38" (91-97 cm)	30-34" (76-86 cm)
Large	34-38" (86-97cm)	34-37" (86-94cm)	41-44" (104-112cm)	38-42" (97-107 cm)	34-38" (86-97 cm)
X-Large	38-42" (97-107cm)	37-40" (94-102cm)	44-47" (112-119cm)	42-46" (107-117 cm)	38-42" (97-107 cm)
2XLarge	42-46" (107-117cm)	40-44" (102-112cm)	47-50" (119-127cm)	46-50" (117-127 cm)	42-46" (107-117 cm)
3XLarge	46-52" (117-132cm)	44-48" (112-122cm)	50-53" (127-135cm)	50-54" (127-137 cm)	46-48" (117-123 cm)
4XLarge	52-58" (132-147cm)	-----	-----	-----	-----

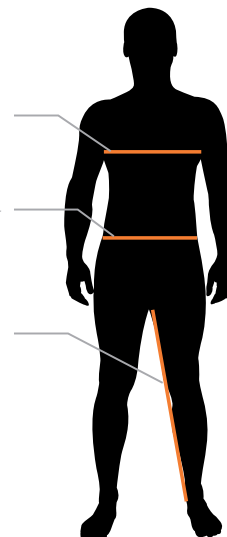
FR Work Wear



CHEST: Measurement should be taken around the fullest part of the chest with arms down, just under the arms and across the shoulder blades.

WAIST: Measure around waist (not pulling tightly) at the height you prefer to wear the waistband.

INSEAM: Take a pair of pants that fit you well and measure from the crotch to the bottom of the leg.



BASE LAYER SHIRT MODEL 7415

	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE	3X-LARGE
CHEST	36-38" 92-97 cm	39-42" 99-108 cm	43-46" 109-117 cm	47-50" 118-127 cm	51-54" 128-137 cm	55-58" 138-147 cm

*Please note: this model will shrink in the wash, so if measurements are in between sizes, buy the larger size.

UNDERWEAR MODEL 7470

	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE	3X-LARGE
WAIST	32" 81 cm	34" 87 cm	36" 92 cm	38" 97 cm	40" 102 cm	42" 107 cm

*Please note: this model will shrink in the wash, so if measurements are in between sizes, buy the larger size.

MID LAYER SHIRTS MODELS 7425 // 7430

	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE	3X-LARGE
CHEST	34-36" 87-92 cm	37-40" 93-102 cm	41-44" 103-112 cm	45-48" 113-122 cm	49-52" 124-132 cm	53-56" 133-142 cm

SWEATSHIRTS MODELS 7440 // 7445

	SMALL	MEDIUM	LARGE	X-LARGE	2X-LARGE	3X-LARGE
CHEST	36-38" 92-97 cm	39-41" 99-103 cm	42-44" 108-112 cm	45-48" 113-122 cm	49-52" 124-132 cm	53-60" 133-152 cm

COVERALL MODEL 7490

CHEST	38" 92 cm	40" 102 cm	42" 107 cm	44" 112 cm	46" 117 cm	48" 122 cm	50" 127 cm
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COVERALL MODEL 7490X

CHEST	52" 132 cm	54" 137 cm
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**Inseams available in all chest sizes: SHORT (S) 28" // 71cm, REGULAR (R) 30" // 76cm, TALL (T) 32" // 82cm.